



Sermon Discussion Guide - June 8, 2025

1. **What is the most peaceful place that you have ever visited? Describe it to your group. What are the common themes of everyone's answers? (quiet, nature, etc)**
2. **Read Philippians 2:14-16 and Galatians 5:22-23.**
 - *Today is primarily about peace - the third aspect of the Fruit of the Spirit.*
 - *How is peace and being a light in the world related?*
3. **Where does peace get destroyed in your life?**
 - *What do you tend to struggle with most?*
 - *Worry, Fear, Anger and/or Uncertainty?*
4. **Read Philippians 4:4-9. This passage lays out a step-by-step process of experiencing the peace of God**
 - 1) Assess what you've built your life on.
 - *What are some things that people build their life on that doesn't bring the peace of God?*
 - 2) Remember the presence of the Lord.
 - *Read Phil 4:5. What does this say about the Lord? What does that mean for us?*
 - 3) Respond to stress biblically.
 - *Read Phil 4:6. What does this say about emotions and what we are to do with them?*
 - 4) Trust in the promise of the Lord.
 - *Read Phil 4:7. What is promised to us?*
 - 5) Develop the right mindset.
 - *Read Phil 4:8-9. What do these verses tell us our responsibility is? How do we practically do this?*
5. **What is one thing you can practically do this week to experience the peace of God more?**
6. **Ask for prayer requests for how the group can pray for each other in light of today's discussion.**